

Certificate in Yoga Teacher Training 瑜伽導師訓練證書
HS234A / 2385

No.	Date	Friday	Sunday
		7-10pm	9am-6pm
1	22/05/2026	3	
Holiday	24/05/2026		0
Holiday	29/05/2026	0	
Holiday	31/05/2026		0
Holiday	05/06/2026	0	
Holiday	07/06/2026		0
2	12/06/2026	3	
3	14/06/2026		8
Holiday	19/06/2026	0	
Holiday	21/06/2026		0
4	26/06/2026	3	
5	28/06/2026		8
6	03/07/2026	3	HPC902
7	05/07/2026		8
Holiday	10/07/2026	0	
8	12/07/2026		8
9	17/07/2026	3	
10	19/07/2026		8
11	24/07/2026	3	
12	26/07/2026		8
13	31/07/2026	3	
14	02/08/2026		8
15	07/08/2026	3	
16	09/08/2026		8
17	14/08/2026	3	
18	16/08/2026		8
19	21/08/2026	3	
20	23/08/2026		8
21	28/08/2026	3	
22	30/08/2026		8
23	04/09/2026	3	
24	06/09/2026		8
25	11/09/2026	3	
26	13/09/2026		8
27	18/09/2026	3	
28	20/09/2026		8
Holiday	25/09/2026	0	
29	27/09/2026		8
30	02/10/2026	3	
31	04/10/2026		8
32	09/10/2026	3	
33	11/10/2026		8
34	16/10/2026	3	
35	18/10/2026		8
36	23/10/2026	3	
37	25/10/2026		8
38	30/10/2026	3	
39	01/11/2026		8
40	06/11/2026	3	
41	08/11/2026		8
42	13/11/2026	3	
43	15/11/2026		8
44	20/11/2026	3	
45	22/11/2026		8
46	27/11/2026	3	
47	29/11/2026		8
48	04/12/2026	3	
49	06/12/2026		6 (09:00-16:00)
後備日	11/12/2026	0	
後備日	13/12/2026		0
後備日	18/12/2026	0	
實習課		30	
Total hours:		300	

Time: 7pm-10pm (Fri), every Friday
9am-6pm (Sun), every Sunday

Venue:

1. IECSPORTSLAB: Room 1101, 11/F, Island East Campus, 494 King's Road, North Point, Hong Kong
2. HPC902: Room902, 9/F, HPSHCC Campus, 66 Leighton Road, Causeway Bay, Hong Kong